



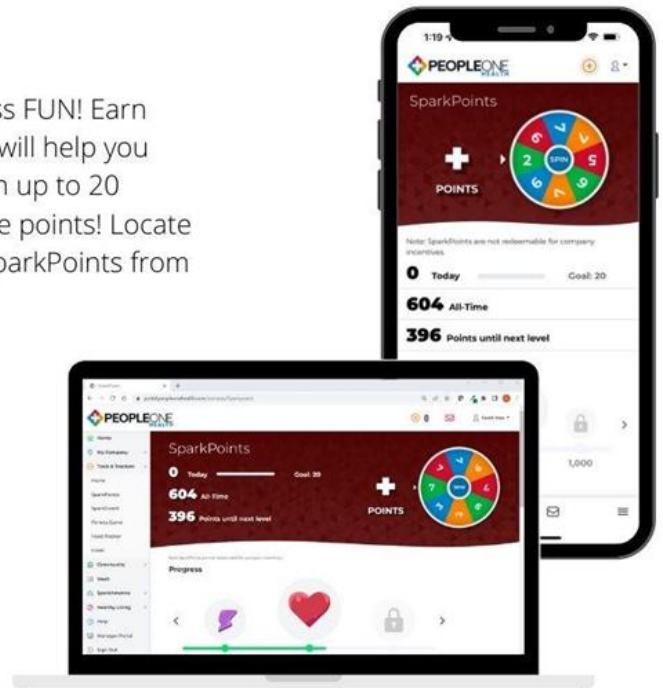
PEOPLEONE SparkPoints HEALTH

What are SparkPoints?

SparkPoints are a gamification element meant to make wellness FUN! Earn SparkPoints by simply completing daily tasks in the portal that will help you achieve your wellness goals. You'll have the opportunity to earn up to 20 SparkPoints a day and once met, you can spin a wheel for more points! Locate your SparkPoints progress by selecting Tools and Trackers > SparkPoints from the left menu. Earn SparkPoints by:

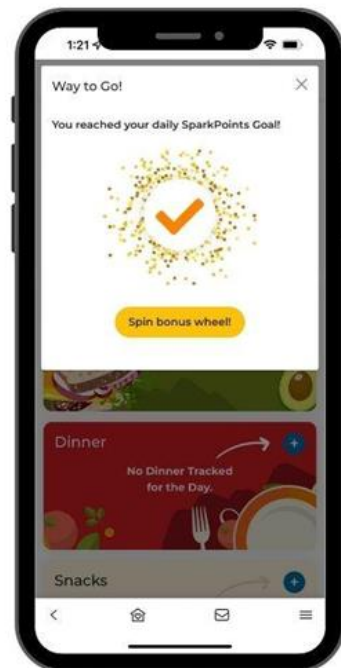
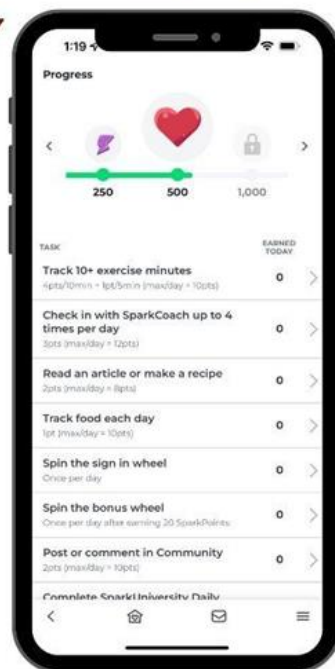
- Logging active minutes
- Tracking food
- Reading an article or making a healthy recipe
- Checking in with SparkCoach
- Posting or commenting in the Community
- Participating in SparkUniversity

Even more features will be coming soon!



Earn 20 SparkPoints a day to be eligible for a spin to earn more

Keep track of your tasks and progress



Celebrate your success

Login to your PeopleOne Health portal to start reaching your goals and earning SparkPoints!